

# Parent & Child Activity Calendar

Elementary School

Lincoln Acres Elementary School  
Mr. Raymond Ruiz, Principal



THE PARENT INSTITUTE®

## Parent & Child Activity Calendar

Elementary School  
**Parents**  
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>January 2020</b>			<b>1</b> Help your child set a goal and write a plan to achieve it this year.	<b>2</b> Pick a word from the dictionary and draw a picture of it. See if your child can guess the word. Then let your child pick a word.	<b>3</b> Make a list of the best times you had with your child last year. Schedule time on the calendar to do them again this year.	<b>4</b> Give your child a notebook and encourage him to keep a journal. He should try to write in it daily.
<b>5</b> When your child is unsuccessful, ask, "How would you do it differently next time?"	<b>6</b> Have your child estimate how many bowls of cereal she can pour from one box. Keep track until the box is empty.	<b>7</b> Think of an inspirational saying or quotation you love. Post it where your child will see it.	<b>8</b> Good report card? High grade on a test? Reward your child with a favorite meal or one-on-one time with you.	<b>9</b> Tonight at dinner, put a "price" on each item you serve. Have your child figure out the total cost of the meal.	<b>10</b> School absences add up. Make sure your child is attending school every day—unless he is sick.	<b>11</b> Ask your child to write a poem or story from the point of view of a family pet.
<b>12</b> Have everyone in the family spend 30 minutes picking up the house. Many hands make light work.	<b>13</b> Write an encouraging note and tuck it in your child's lunch box or in a school book.	<b>14</b> Talk to your child about people she admires. Ask her why she admires them.	<b>15</b> Have your child close his eyes and tell you everything he hears.	<b>16</b> Have each family member make a list of his or her strengths. Read them aloud. Add to one another's lists.	<b>17</b> Make tonight another screen-free night. Let your child choose alternative activities.	<b>18</b> Take your whole family to the library. Be sure everyone gets some books.
<b>19</b> Show your child photos of people and have her write silly captions.	<b>20</b> Ask your child to give you a news report about what went on at school today. What's the "lead story"?	<b>21</b> Can your child think of a different ending to his favorite story? What would he do if he met the characters?	<b>22</b> Talk with your child about mistakes. How can people learn from their mistakes?	<b>23</b> Name a city, state or river. Can your child locate it on a map or globe?	<b>24</b> At the grocery store, have your child estimate how many apples are in two pounds. Use the scales to check.	<b>25</b> Have a 20-minute DEAR time today (Drop Everything And Read).
<b>26</b> Today, have your child keep track of everything she eats. What one change would make her diet more nutritious?	<b>27</b> Teach your child how to take his pulse. Then have him jump up and down 50 times and take it again.	<b>28</b> At the grocery store, have your child compare two sizes of the same product. Which is the best buy?	<b>29</b> Talk about things you are thankful for. Tell your child she's at the top of the list.	<b>30</b> Make up trivia questions about your family. Quiz one another at the dinner table.	<b>31</b> Allow a few minutes after the light is off at bedtime for quiet conversation with your child.	